



## I am

"I am who I am...I have always been who I am...and I will always be who I am.

In this inferno of fear and greed ... in this incarnation that started out in darkness ... I had forgotten who I am ... a heavy load of lies came to overshadow the memory of who I am ... and that is when I thought that I was this one person ... who had this one life to live ...and the fear descended upon my soul's eternal wisdom ... and everything turned dark ... my days were filled with meaningless actions with no direction ... whose sole purpose was to contain me, so that others ... who were also scared, could gain a sense of security ...

Faith in life was replaced by fear of not being able to meet my own needs ... I forgot that we are all woven together in flesh, blood and spirit ... that we share the same forefathers here on Earth ... that we belong to one shining people ... that man is not the drop ... but part of the vast ocean ... that all energy is one unbreakable entity ...

For a while, my clear, inner voice was drowned by the noise of fear ... my inner self where eternity reigns ... where the energy gives me direction ... where God speaks to me ... and everything comes together as one ...

The greed took over and vanity briefly soothed my immense need ... I stuffed myself with materialistic things and sedated my soul's innate sense of direction ... my congenital, ethical compass was ... for a brief moment out of order ... and the illusion of loneliness drew me towards other overshadowed, lonely souls, and we called it love ... even when the lie resonated hollowly, we promised each other to be eternally faithful ...

For a brief moment filled with fear, I had forgotten everything ... THAT IS ... and I saw how some people surrounded themselves with power as a protection against despair, and how others looked on ... while their relatives charred in the powerlessness of poverty ... without doing anything ...

I forgot about the wisdom of the heart ... and let myself be put off with empty words and false proof ... I had forgotten that I was created of eternal energy and that no one can come between it and me ... I had forgotten that no one else knows my way to eternity ... to God ... and that those who say they do, serve no one but themselves ...

I had forgotten that, deep within each person is a key ... a special code that only God knows ... by which he recognizes me ... I had forgotten that each person is in direct contact with the energy of eternity ... with God ... and with all life ... and everything living ... I had forgotten who I am ... in a brief moment of fear, I had forgotten who I am ...

... But in this shining moment, NOW, I recognize who I AM ..."

\*Excerpt from the book "Beyond the illusion of gravity"